

## CPRR: Exams for 2-3 year olds

### Gross Motor Functional Classification System (GMFCS)<sup>1</sup>:

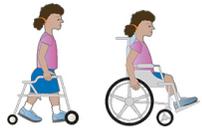
Please read the following and mark one box beside the description that **best** represents your child's movement abilities.



Has difficulty controlling head and trunk posture in most positions, and uses specially adapted seating to sit comfortably, and has to be lifted by another person to move about.



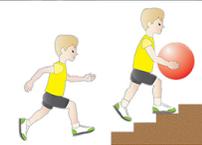
Can sit on own when placed on the floor and can move within a room and uses hands for support to maintain sitting balance and usually uses adaptive equipment for sitting and standing and moves by rolling, creeping on stomach or crawling



Can sit on own and walk short distances with a walking aid (such as a walker, rollator, crutches, canes, etc.) and may need help from an adult for steering and turning when walking with an aid and usually sits on floor in a "W-sitting" position and may need help from an adult to get into sitting and may pull to stand and cruise short distances and prefers to move by creeping and crawling



Can sit on own and usually moves by walking with a walking aid and may have difficulty with sitting balance when using both hands to play and can get in and out of sitting positions on own and can pull to stand and cruise holding onto furniture and can crawl, but prefers to move by walking



Can sit on own and moves by walking without a walking aid and is able to balance in sitting when using both hands to play and can move in and out of sitting and standing positions without help from an adult and prefers to move by walking

photos: <https://www.cerebralpalsy.org.au/what-is-cerebral-palsy/severity-of-cerebral-palsy/gross-motor-function-classification-system/>  
text: <http://motorgrowth.canchild.ca/en/GMFCS/familyreportquestionnaire.asp>

### Eating and Drinking Ability Classification System (EDACS)<sup>2</sup>:

Please read the following and mark only one box beside the description that **best** represents your child's eating and drinking abilities.

Eats and drinks safely and efficiently.

Eats and drinks safely but with some limitations to efficiency.

Eats and drinks with some limitations to safety; there may be limitations to efficiency.

Eats and drinks with significant limitations to safety.

Unable to eat or drink safely – tube feeding may be considered to provide nutrition.

1. Palisano, R., Rosenbaum, P., Bartlett, D., Livingston, M. (2008). Content validity of the expanded and revised Gross Motor Function Classification System. *Developmental Medicine & Child Neurology*, 50 (10), 744-50.

2. Sellers D, Mandy A, Pennington L, Hankins M and Morris C (2013). Development and reliability of a system to classify eating and drinking ability of people with cerebral palsy. *Developmental Medicine and Child Neurology*. DOI: 10.1111/dmcn.12352.